# WOMEN DEVELOPMENT CELL

**REPORT** (2016 TO 2021)



# INDIAN INSTITUTE OF TEACHER EDUCATION, GANDHINAGAR

# **INDEX**

Year	Date	Event
2016	8 <sup>th</sup> March, 2020	Seminar -Physical and Psychological Well Being of Women
2017	26 <sup>th</sup> August 2017	Mental Health and Homeopathy- one Day Seminar
2017	18 August 2017	Legal Awareness Seminar- One day seminar
2017	19 <sup>th</sup> August 2017	Women Health Awareness- one day seminar
2017	26 <sup>th</sup> August 2017	Mental Health and Homeopathy- one Day Seminar
2017	18 August 2017	<b>Legal Awareness Seminar</b> - One day seminar
2017	19 <sup>th</sup> August 2017	Women Health Awareness- one day seminar
2020	4 <sup>th</sup> January 2020	Hygiene awareness programme
2020	5 <sup>th</sup> February 2020	Elocution Competition on "Gender Parity: reality or Myth"
2020	3 <sup>rd</sup> March, 2020	Talk
2020	8 <sup>th</sup> March, 2020	Women Development Day Programme

#### INDIAN INSTITUTE OF TEACHER EDUCATION

# Year wise Summary of WDC Activities of 2016 to 2021

#### Year 2016-2017

# 1. "Physical and Psychological Well Being of Women"- Seminar

Women Development Cell IITE has organised seminar entitled "Physical and Psychological Well Being of Women" on 8<sup>th</sup> March 2016.

Hence health of women is a vital aspect to cater. Ladies may suffer from to many issued like puberty, menarche, breast development, pregnancy to menopause etc. Each of such women issues and diseases need to be discussed with health professional. Focusing on the women health issues the programme was organised for the IITE girl students, teaching, and non-teaching (Ladies) staff members.

A well-known Gynaecologist Dr. Ami Shah was invited for the lecture on problems related with girls' basic issues with menstruation, breast cancer and other gynaecological problems. The talk of Dr. Ami shah was scheduled at 2.00 p.m. in the prayer hall of IITE. She has delivered speech on the general gynaecological problems.

The session was ended with open forum to discuss real problems of IITE girl students, teaching and non-teaching staff members. Dr. Ami has provided best counselling and suggested medication of raised questions of audience.

# Year 2017-2018

The following Programmes were organised by WDC in the year 2017-2018.

2017	26 <sup>th</sup> August	Mental Health and	Expert: Dr. Ketan Shah
	2017	Homeopathy- one Day	
		Seminar	
	18 August	Legal Awareness	Organised in 3 sessions
2017	2017	Seminar- One day	1. A lecture by Shree
		seminar	Virendrasinh Yadav, IPS
			2. A lecture/Guidance by
			Shree Manorama Bhagat,
			IAS officer,
			Discussion (about laws) with senior
			Advocate
2017	19 <sup>th</sup> August	Women Health	Organised into 2 sessions
	2017	Awareness- one day	1. Gynaecological Guidance/
		seminar	Awareness by <b>Dr. Varsha</b>
			Chauhan
			2. Informative talk on cancer
			(Ovarian and Breast cancer)
			by <b>Dr. Varsha Chauhan</b>

# One-Day Seminar Mental Health and Homeopathy

The Programme was on 26th August, 2017 in IITE prayer hall. Mental health includes emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices.

Mental health is important at every stage of life, from childhood and adolescence through adulthood. Focusing of mental health WDC has organised seminar of "Mental Health and Homeopathy". Seminar was arranged for all students and teaching staff of IITE.A well-known homeopathy doctor Dr Ketan shah was invited for a lecture on Mental Heath and Homeopathy. He has suggested many homeopathy remedies for the mental wellbeing.

# **Legal Awareness Seminar**

# **One-Day Seminar**

Feminism isn't about making women strong. Women are already strong. It's about changing the way the world perceives that strength. IITE took one step forward to empower the women by organizing an event for women on 18<sup>th</sup> and 19<sup>th</sup> August, 2017.

One-day seminar on **Know Your Rights** was organised by Women Development Cell, IITE on 18<sup>th</sup> of August, 2017 between 8:45 am and 5:30 pm under the aegis of Mahila Ayog. The programme schedule was as per Annexure A

On 18<sup>th</sup> August, 2017 the day began with registration of Faculties and Students at 8:45 am. The programme commenced with the university song which was followed by Inauguration session. "I don't wish women have power on men, But I wish women have power on her own." –Mary Shelley. This was quoted by Dr. Divya Shah, compere and Assistant Professor, Department of Arts, IITE. The dignitaries on the dais Dr. Shashiranjan Yadav, Hon'ble Vice Chancellor, IITE, Dr, Kalpesh Pathak, Dean, Dr. Raviraj Rajpura, Registrar, Mr. Jatin Prajapati, Police Inspector Sector 21, Gandhinagar, Dr. Roshni Adiyecha, Convener, Women Development Cell IITE and Dr. Prerana Shelat, Member Women Development Cell, IITE did the invocation ceremony by Lighting of Lamp.

After this Hon'ble Vice Chancellor Dr. Shahiranjan Yadav gave inaugural address. In his deliberation he talked about the sex-ratio in India and role of women in Indian Politics and highlighted that in class I and class II jobs the working ratio is in favour of women. All the dignitaries along with the participants then proceeded to the inauguration of the Ladies room.

### **SESSION 1**

After coming back to the hall Expert for Session 1, Mr. Jatinbhai Prajapati shaded some light on cyber-crime and gave some verbal inspiration. He is a Police Inspector in Gandhinagar. He gave detailed information about the laws related to women protection. He also shared his experience about some crime and solving the same.

#### **SESSION 2**

When women progress, all of society benefits. The next session was documentary on women empowerment and encouraging women. In first documentary some slides were shown portraying women who are successful in their respective fields to mention some name i.e., Roshni Bansal who wrote the famous book series 'Stay Hungry Stay Foolish',

Bhakti Sharma, a swimmer, Sania Mirza, number 1 tennis player in the world and the documentary ended with ... there are millions to come.

The second documentary was about female rights and laws made by Indian Government like Maternity benefits etc. The main objective was to make the audience learn two steps regarding awareness of the rights, the first step is be informed and the second step is to inform others.

In next documentary, a short film was played named 'FATTU' in which financially and physically independence was shown. Then the last video was about Nari Uthhan Sansthan where a lady from Rajasthan talked about how financially independence is important for women in rural areas.

### **SESSION 3**

In next session advocate Mrs. Sonal Joshi, a social activist and counsellor talked about the laws in India related to women safety and security. She also enlightened the students by her experiences on empowering women mentally, socially, emotionally, physically and financially. She made the participants understand the importance of education. She also talked on related cases she solved against women crime. She also informed the audience about how laws and in turn Indian government is making rules and regulation in favour of women protection after Nirbhaya incidence. She strongly made the audience aware about the crimes rupturing in Facebook. She talked about the strength of the lady. She said that domestic violence is increasing but hopefully there are strong laws against these crimes and Indian Government is very helpful to the victims to these crimes.

There was a valedictory session at 5.10 p.m. In valedictory address Hon. Vice chancellor Prof. Shashiranjan Yadav reflected on the rights of women in India and he ensures the safety, security and equality of girl students and women faculty members in the university campus and hostel.

## **Women Health Awareness Programme**

Women's health needs to be front and centre- it often isn't but needs to be. The morning of one day seminar "READY TO FLY TOWARDS SKY PATRON" was amazing.

Keynote speakers were = Dr. Varsha Chauhan

Smt. Shailja Andhera

Smt. Vidya Pasare

### SESSION 1

Need of health is very much important im a women's life than a man's. She was one of her kind in the field of gynaecology. She was working in the field if infertility from last 5 years. She talked about menstruation which is a time every girl faces, and she talked about some dangerous cancer which we do not give much attention i.e. breast cancer, ovarian cancer, cervical cancer etc.

In addition, a great question/ answer session held with full enthusiasm and involvement of students.

## SESSION 2 AND 3

In this session, our guest were Smt. Shailaja Andhere and Smt. Vidya Pasare. She is a very good speaker and talked about many things, which we see, in our daily life but we tend to ignore it. She said that gender sensitization is very important in our day-to-day life as it gives strength to a woman. She talked about the role of women in this society and she plays a major role. She has to do all the household chores like waking up in the morning and doing breakfast and then packing lunch for her husband and children. Then she has to go to the office and work there also. Then she comes back and prepares dinner for the rest of the family.

In this way, she does a lot of work and then never complains. The motto to say is that if any other person helps her then the workload will be lesser to her and she can also make some personal time for her.

Then Vidya Pasare came. She talked about nari Shakti and the sacrifice of woman in history. She said a lot about sita and radha. She believed that sita and radha should have individuality of their own.

In addition, the whole programme ended and we left for our hostel.

Year 2019-2020

Women development cell of IITE has organised following events in year 2019-1920.

2020	4 <sup>th</sup> January	Hygiene awareness	Ms. Monika Patel, Social Worker
	2020	programme	
2020	5 <sup>th</sup> February	Elocution	
	2020	Competition on	
		"Gender Parity:	
		reality or Myth"	
2020	3rd March,	Talk	Padmashree Nivedita Bhide
	2020		
2020	8th March,	<b>Women Development</b>	
	2020	Day Programme	

# 1. Hygiene awareness programme:

It was organised on 4<sup>th</sup> January 2020 at assembly area during 10.00 to 11.00 a.m. social worker Ms. Monika Patel was invited as key speaker. It was organised at IITE campus for all ladies staff members and girl students. She has given us information about the use of cotton sanitary pads. Moreover she has explained the concept of using cotton sanitary pad with demonstration session. She has made us aware about the disadvantages and risks of using nylon sanitary pads.

The whole session was very beneficial to spread awareness about using proper sanitary pads.

# 2. Elocution competition:

We have organised elocution competition on Gender Parity: reality or Myth

Under the aegis of the Women's cell of Indian Institute of Teacher Education, Gujarat in collaboration of Internal Complaint's cell (ICC) of IITE, an elocution competition was organized at the prayer hall. The topic of the elocution was "Gender Parity: Reality or Myth".

A total of eighteen students participated in the competition. No language barrier was imposed for the competition, so students delivered their speech in English, Gujarati and Hindi as well. The participating students as well as the audience students were very enthusiastic and supportive throughout the event. They discussed various aspects of gender parity starting from statistical data, the state scenario, national importance of the issue along with the global concerns. The students came up with various examples of gender parity/disparity, which they observed at the home front and workplace. Many speakers were of the opinion that not only the grass root level people of the society

faces gender discrimination but also the creamy layer of the society is loaded with such disparity cases. Though the issue basically dealt with women in particular, the speakers were quick to point out male gender discrimination as well. It was heartening to observe that the male participants raised concerns about increasing cases of gender parity against women while the female participants were also concerned about male gender parity citing different examples. The audience cheered with joy whenever the participants came up with brilliant punchlines, examples and poetry.

The judges were from the faculty of IITE, namely Dr Deep Trivedi, Dr Mehul Dave, Dr Swarnabharati and Dr Jumisree Sarmah Pathak. The judgement of the event was based on concept clarity, command on language, time management etc. A total of five participants were declared as winners and given ranks based on their performances.

At the end of the programme, Dr Swaranabharati, Assistant Professor (English) provided valuable feedback from the judge's desk. Dr Jumisree Sarmah Pathak, Assistant Professor (Physics) talked about the Internal Complaints cell (ICC) of IITE explaining in detail the functioning of the cell, the do's and don'ts and encouraged the students to come to the cell immediately as and when any cases of harassment happens with them.



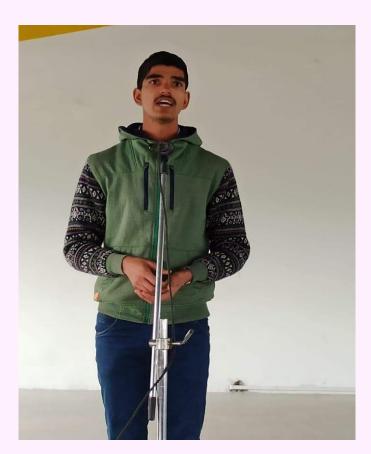
**Judges** 



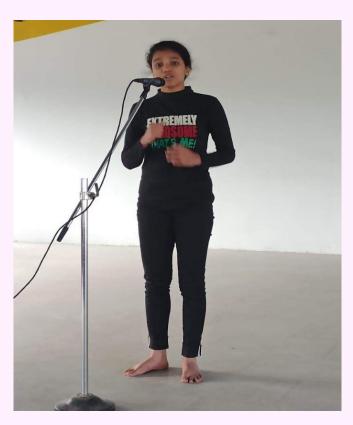
**Participant** 



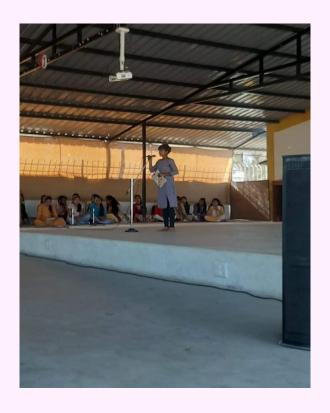
**Participant** 



**Participant** 



Participant



## Talk by Padmashree Nivedita Bhide

On 3rd March, 2020, 25 girl students of IITE accompanied by Dr Jumisree Sarmah Pathak, Assistant Professor and Mrs Devyani Sarvaiya, Girls Hostel warden, were invited by Vivekananda Kendra, Gandhinagar to attend a talk on Gender and Women Empowerment delivered by Padmashree Nivedita Vide. Honourable Vice Chancellor of Babasaheb Ambedkar Open University Dr Amiben Upadhyaya chaired the program. The Speaker talked how our original culture was perfectly balanced according to Gender and how the women never needed any empowerment, as they are Shakti SwaroopaShe focused on 'Ekatma Jeevan Darshan' - The soul does not have any gender - with examples of Human body. She explained that our original culture was based more on DUTIES THAN RIGHTS. also explained the reason of breaking families and increasing divorces. She compared current circumstances with some Historical Movements occurred in foreign countries for Women Empowerment. She also shared her own experiences related to the topic.

The audience, which included persons from every walk of life, namely doctors, IT professions, housewives, professors and students, were spell bound by the way Shree Niveditaji answered every query with simple yet deep thought process and were mesmerised by her simple ways of living life to the fullest. Her approach towards encouraging youth for nation building was also appreciated by all.

## Women's Day celebration:

WDC has organised programme on women's Day, 2020 including dance performance, video, poetry recitation and poetry writing competition.

# **Semiclassical dance performance on women empowerment:**

Dance was performed by Ms. Abhirami marar and Shivangivi parmar from B.Sc.B.Ed. semester 4

# **Video on women empowerment:**

A video named **UDAN** was shown by Gungan singh and Dimple Joshi from B.Sc.B.Ed semester 6.

# **Poetry:**

Masira Pathan and shambhavi Choudhary from B.Sc.B.Ed semester 4 recited two poetry on the occasion.

# Poetry writing competition

Women's cell of Indian Institute of Teacher Education, Gujarat in collaboration with Internal Complaint's cell (ICC) of IITE, has organised **Poetry writing competition** for students of IITE on 7<sup>th</sup> march 2020. The competition took place at assembly area during 8.00 to 10.00 a.m.

The topics of the competition were:

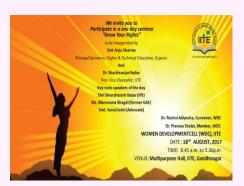
- I. Changing face of women in society
- II. Women empowerment
- III. Women in science
- IV. Women's day.

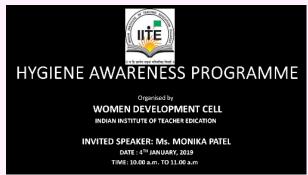
The versatility of the topics made the competition centre of attraction among students. Total participants who wrote and recited the poems were twelve. Dr. Divya Shah, Assistant Professor (English), IITE and Dr. Archana Patel, Assistant Professor (English), IITE had judged the entire competition. The competition was available in three languages including regional language (Gujarati), and national languages (Hindi and English) so students participated with great enthusiasm. Three prizes were announces by the judged.

First: Kavya Shetty

Second: Vishakha Joshi

Third: Pooja Yadav, Sangramsinh Sisodiya









# **Women's Day Celebration**

# VIGYAN GURJARI PRANT SHAKTI UNIT



Shakti Ayam of Vigyan Gurjari Invites You to Join Webinar on Women's Health on 9<sup>th</sup> March, 2021, 2:30 pm

# SPEAKERS



Dr. Franky Shah Gujarat Cancer Research Institute, Ahmedabad



Prof. Sirimavo Nair The M.S. University of Baroda, Vadodara



Dr. Bhavana Chauhan Principal, S.M. Patel College of Home Science, VV Nagar, Anand

Webinar Link: meet.google.com/xay-knqe-kso

Registration Link: https://forms.gle/qZQ487KSp95QwHnM8

#### Convener

Dr. Bhavana Chauhan Vigyan Gurjari Prant, Shakti Coordinator

## **Organizing Secretory**

Dr. Bhakti Bajpai, I/C Head, ARIBAS, V.V. Nagar, Vigyan Gurjari, Team member
Dr. Dipika Patel, IITE Gandhinagar, Vigyan Gurjari, Prant Team member
Dr. Hetal Roy, Vigyan Gurjari, Prant Team member
Ms. Nikita Parmar, Vigyan Gurjari, Vadodara Unit, Joint Secretory and Shakti Coordinator

#### Advisory committee

Prof. C.G. Joshi, Vigyan Gurjari, Prant Adhyaksh Dr. Prashant Kunjadiya, Vigyan Gurjari, Prant Sachiv











WDC-ICC IITE

A Step Towards Strengthening The Women Health





# List of Committees constituted for Protection and Promotion of Gender Equity.

Sr. No	Committee	Website Link
1	WOMEN DEVELOPMENT CELL	https://www.iite.ac.in/downloads/various- committees/women-development-cell-2021
2	INTERNAL COMPLAINTS COMMITTEE	https://www.iite.ac.in/downloads/various- committees/internal-complaints-committee-iite-2021
3	EQUAL OPPORTUNITY CELL	https://www.iite.ac.in/downloads/various-committees/equal-opportunity-cell-2021
4	ANTI-RAGGING MONITORING CELL	https://www.iite.ac.in/downloads/various-committees/anti- ragging-monitoring-cell-2021
5	GRIEVANCE REDRESSAL COMMITTEE	https://www.iite.ac.in/downloads/various- committees/grievance-redressal-committee-iite-2021