



Center Of Training

IITE is known for its efforts to achieve milestones in the field of Education. It started with the vision of Shri Narendra Modi and Lt. Shri Kireetbhai Joshi to set up a process from where we can nurture the best teachers for our nation and the globe.

Centre of Training(COT) aims to understand the changing scenario of global education with the help of field experts and device the new training module for In-service teachers to hone their skills and increase the probability of better growth in the field of education. Skill Department of COT, IITE is established to train and develop employability skills in the students. And develop employability skills in the students.



Skill Courses offered

- ICT
- D.I.P.T.I
- Dance
- Drama
- Painting
- 3D Printing
- Rifle Shooting
- Yog
- Singing
- Taekwondo
- Malkham

Indian Institute of Teacher Education
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TAEKWONDO

“Taekwondo is a combative sport and Theory of Power”



Skill Courses



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Efficacy of the Course

It is a social activity and self-defence

- Goal setting and discipline
 - The ability to defend yourself
 - Increasing your self-esteem
 - Cardiovascular health
 - Weight and figure control
 - Bettering your focus
 - Increase your motor abilities
 - Making you feel happier and better
 - Relieving stress
 - Learning respect for authority and powers. Build confidence by encouraging you to succeed and to take control of your life. Develop discipline by thoroughly training your body and mind in the tenets of Taekwondo.
- It teaches us the value and virtues of life. A way of life, A frame of mind and philosophy.



Faculty: Mr. Bhavik Patel

He is a NIS Coach, First and only qualified Coach of Gujarat state from SPORTS AUTHORITY OF INDIA,

BANGALORE, Batch 2012-2013. He has introduced TAEKWONDO sports in Gujarat's biggest event Khel Mahakumbh first time in 2011 as a demo game and become regular medal event since 2012

Course Duration: 6 months

Fees for the course: Rs. 1500/-

Venue: Indian Institute of Teacher Education(IITE), Gandhinagar

M. 9825474297

Objective

The first objective of students of taekwondo is to learn and understand it as an art and sport. In addition to learning the basic tenets, students learn the physical movements that develop their endurance, speed, strength, balance, flexibility, and coordination.

Skills Imparted

Taekwondo Enhance self-esteem by heightening your physical and mental powers. Build confidence by encouraging you to succeed and to take control of your life. Develop discipline by thoroughly training your body and mind in the tenets of Taekwondo.

It teaches us the value and virtues of life. A way of life, A-frame of mind and philosophy.

