



### We offered Skill courses Like

1. ICT
2. D.I.P.T.I (Development of Integral Personality through Innovation)
3. Dance
4. Drama
5. Painting
6. 3D Printing
7. Rifle Shooting
8. Yog
9. Singing
10. Taekwondo
11. Malkham

**Indian Institute of Teacher Education**  
 Ramkrushna Paramhans Vidhya Sankul  
 Kh-Road, Nr. Mahatma Mandir, Sector-15,  
 Gandhinagar-382016 (Gujarat) India  
 Phone : +91-79-23287338, 23243733/34  
 Email : vc@iite.ac.in  
 Web : www.iite.ac.in

### IITE- Indian Institute of Teacher Education Guru Drona Skill and Training Center

IITE has been known for its efforts to achieve milestones in the field of Education. It has been started with the vision of Shri Narendra Modi and Late Shri Kireetbhai Joshi to set a process from where we can nurture the best teachers for our nation as well as the globe.

Center Of Training(COT) aims to understand the changing scenario of global education with the help of field experts and device the new training module for In-service teachers to hone their skills and increase the probability of better growth in the field of education. Skill Department at COT, IITE is established to train and develop employability skills in the students.



### Kathak Techniques and Abhinaya 'Expressing beyond words'



### Skill Courses Center Of Training



॥ न हि ज्ञानेन संपूर्णं पवित्रयिष्य विद्वते ॥



#### Objective:

To introduce students to the art of dancing, to have a hands-on experience of imbibing through dance certain qualities of the body such as beauty, rhythm, as well as capacities of the mind such as memory and concentration, to elaborate in detail, the intricate relation between dance-practice and personality development, to strengthen the arch of the foot & fingers and eye & neck muscles.

#### Skills Imparted:

It promotes fitness for a lifetime!  
Confidence, high self-esteem  
and personal expression.  
Sensitivity  
Improve balance & Postures

Increase Creativity, Grace & Beauty  
Flexibility of the body and mind.  
Reduce Stress  
Sensibility towards other arts, Passions

Discipline and Focus.  
Creativity and imagination.  
Memory and Observation  
Control over Energy, Body,  
Muscles and Emotions

#### Efficacy of the Course:

Course will focus on the foundation of Kathak dance, basics, techniques and the knowledge of using expression in dance and polishing classical movements & methods to use abhinaya choreography independently..

All the sessions will have lecture demonstration, choreography activities related to the topic and a complete piece of presentation.

- **It would offer insights into Indian culture**
- **Student will learn how to use pure dance** movements and Abhinaya in choreography independently. Besides this basic grammar of movement, in pure dance (Nritya), it will focus on developing speed, strength, stamina and attentiveness.



- **Faculty for Kathak :**
- **Ms. Jayti Brahmabhat**

Qualifications: Ph.d Dance (Pursuing) from Banasthali

Vidyapith, Jaipur, Rajasthan,  
• M.P.A (Dance – Kathak) from Upasna School of Performing Arts, Gujarat University, Ahmedabad, M.A. (English) from St. Xavier's College, Ahmedabad, B.Ed from R H Patel English Medium B.Ed College, Gandhinagar.

- **Course Duration:** 4 weeks (2 Hrs / Day)
- **Venue:** Indian Institute of Teacher Education(IITE), Gandhinagar
- **Eligibility :** 08 Years and above
- **Fees for the course:** Rs. 1500 /-
- **Contact :** +91-9904082003

